

# "The Living Breath of Wələbʔaltx<sup>w</sup>": Indigenous Ways of Knowing



## Cultural Food Practices and Ecological Knowledge

Center for Urban Horticulture

3501 NE 41st St., Seattle, 98105

**September 26-27, 2014**

**Last Chance to Register with Early Bird Rate: Sept 12**

Greetings!

The time is just around the corner for **The Living Breath of Wələbʔaltx<sup>w</sup>** symposium, **September 26-27** at the beautiful UW Center for Urban Horticulture. Included in this pamphlet is our **FINAL PROGRAM**. Parking is free at the Horticulture Center with plenty of room. Directions to the Center are provided with registration or downloadable [here](#).

We are honored and excited with the outpouring of love, interest and support you have shown for this gathering. We believe this reflects how important you hold the vital work that many in our region are engaged in. We gather together to honor those living and sharing traditional ways of knowledge.

Please register now to get the best rates, \$125 for both days or \$75 for one day. **A live link to the registration site** is also found in this pamphlet

We welcome you as you make your way to the UW for this exciting event, and memorable gathering. We have a great line-up and great food again this year!

**The 2014 Planning Committee:** Dr. Charlotte Coté, Dr. Dian Million, Dr. Clarita Lefthand-Begay, Susan Balbas, Melissa Woodrow, Dr. Michelle Montgomery, and Michelle Daigle.

***Index:***

***Program: 2-3***

***Registration Information: 4***

***Only 3 days left to get the Early Bird!!! Online registration closes Sept 23***

***Meals and Food: 4***

***Directions: 5***

***Contact Us! 6***

**The Living Breath of Wəəbʔaltx<sup>w</sup>**  
**Indigenous Ways of Knowing Cultural Food Practices and Ecological Knowledge**  
**Symposium**  
**Center for Urban Horticulture**  
**University of Washington, Seattle campus**  
**September 26, 27, 2014**

**Program**

**Friday, September 26**

**8:30-9:00** -- Registration and continental breakfast

**9:00-9:10** -- Opening prayer

**9:10-9:20** -- Opening welcome, Chris Teuton, Chair, UW American Indian Studies

**9:20-9:40** -- Opening welcome, Planning Committee

**9:40-10:00** -- Cultural Performance

**10:00-Noon** --Tulalip Natural Resources Department: Preston Hardison, Terry Williams, Jason Gobin, Libby Halpin Nelson; "Protecting and Securing Access to Traditional Gathering Sites."

**Noon-1: 30 – Local/organic foods lunch (Native Voices short film screening)**

**1:30-3:00** -- Breakout Session #1 - Clarita Lefthand-Begay, Angela Fernandez, Dian Million; "Water Security, Food Security, Health and Self-Determination."

**1:30-3:00** -- Breakout Session #2 - Micah McCarty, Devon Peña, Charlotte Coté; "First Peoples/First Stewards Approach to Protecting the Environment and our Traditional Foods."

**3:00-3:15** -- break

**3:15-4:45** -- Breakout Session #3 - Dawn Morrison, Jeff Corntassel, Michelle Daigle, Brett Ramey, Johnnie Manson; "Re-Honoring the Relational Roots of Indigenous Food Sovereignty."

**3:15-4:45** -- Breakout Session #4 - Polly Olsen, Native Youth Enrichment Program; "Lessons in Indigenous Foods and Environment."

**4:45-5:30** – Tracy Rector, Dan Hart, Melissa Woodrow; "Utilizing Video and Multi-media Platforms to Protect and Share Traditional Foods and Ecological Knowledge." Screening: "Clearwater," Longhouse House Productions.

## **Saturday, September 27**

**8:30-9:00** -- Registration and continental breakfast

**9:00-9:10** -- Opening prayer/song

**9:10-9:15** -- Opening welcome, Planning Committee

**9:15-10:45** -- Susan Balbas, Perri McDaniel, Eric Quaempts, Sharla Robinson, Valerie Segrest; "Umatilla, Klamath, Siletz, and Muckleshoot Tribes: Coming Full Circle. Northwest Tribal Food Sovereignty/Security Initiatives."

**10:45-12:15** -- Michelle Montgomery, Vanessa Cooper, Nathanael Davis, Leah Gobert, Greg Gustafson; "Nurturing Hearts of Service and Cultivating Knowledge of Traditional Foods: An Overview of Northwest Indian College's Youth Outreach & Education Activities."

**12:15-1:45** – **Local/organic foods lunch (Native Voices short film screening)**

**1:45-3:15** -- Breakout Session #1 - Valerie Segrest, Horticulture Plant Walk.

**1:45-3:15** -- Breakout Session #2 - Jeff Corntassel, Cheryl Bryce, Mary Hayes, Myrna Elliott, Corey Snelgrove; "Resurgent Indigenous Landscapes: Food Sovereignty in Tsartlip and Songhees First Nations."

**3:15-3:30** -- Break

**3:30-4:45** -- Breakout Session #3 - Clarita Begay; "Creating a Traditional Foods Cookbook."

**3:30-4:45** -- Breakout Session #4 - Nitanis Desjarlais, Glen Pinkham; "The Store Outside Your Door. Cooking and Preparing Traditional Foods."

**4:45-4:55** – Break

**4:55-5:30** -- Closing remarks, open floor discussion, main room

## Registration

To get the **EARLY BIRD RATE YOU MUST REGISTER BY SEPT 12**

**Early Bird registration is 125.00 for both days or 75.00 for one day for regular attendance.**

**Please register before 12PM on Friday, September 12, 2014. After that the fee is 140.00 for both days or 90.00 for one day. No cancellations are allowed after September 12.**

**Online registration will close September 23.** After September 23 you must register at the symposium on the first day to attend. We urge you to register early for the best deal!

**All UW students are free with UW ID** subject to available seating. Students need to check in at the registration desk to get a student badge.

**NWIC Our Food Is Our Medicine Participants:** Bring your registration receipt from the Northwest Indian College “Our Foods Are Our Medicine” Symposium and your daily fee is 50.00

**Elders can be admitted for free** by contacting Dian Million at the registration table on the first day you attend.

For all registration questions please email Dian Million with “conference registration” in the subject line: dianm@uw.edu, or leave a message at (206) 543-9082.

**CLICK HERE TO START YOUR REGISTRATION!**

[illegible]

## Continental Breakfast and Organic and Traditional Foods Lunch

**Continental Breakfast (coffee, tea, rolls, fruit, etc.) and Organic and Traditional Foods luncheons are provided for all participants. We provide a local, organic lunch that includes traditional foods on both days prepared by Nicole. We will also have a Coastal, Coast Salish and NW Plateau foods table where attendees can sample regional foods. The table will include the Lushootseed names of the foods and history of how these foods were traditionally prepared.**

## Directions to the Horticulture Center

### ***From I-5***

Take the N.E. 45th Street exit. Drive east on NE 45th for approximately one mile. You will pass the University of Washington and come down a viaduct. At the stoplight at the bottom of the viaduct, turn left to stay on N.E. 45th Street. At the next stoplight (5-way intersection), turn right onto Mary Gates Memorial Drive. Continue to the bend in the road where Mary Gates Drive becomes N.E. 41st St. The center is on your right. NHS Hall and Isaacson Hall are in the first complex of buildings. Douglas Classroom is in the greenhouse.

### ***Bus and bike***

***Metro bus routes 25, 65, and 75 stop at NE 45th and Mary Gates Memorial Drive. Route 67 stops at NE 45th and Montlake Boulevard. Not sure which one you need? Use [Metro's Trip Planner](#) to get here.***

Cyclists are welcome on Wahkiakum Lane, the main path that runs through the Union Bay Natural Area -- please note that Wahkiakum is a gravel trail best suited for mountain and touring bikes. This route connects to the University of Washington's E-4 parking lot. You may reach the Burke-Gilman trail by following the pedestrian overpass that crosses Montlake Boulevard next to Hec Ed Pavilion.

Cyclists may also travel along the Burke Gilman past University Village. Turn right at the main crossing on 30th Ave NE/Union Bay Place NE. Follow Union Bay Place and stay straight at the five-way intersection to continue on Mary Gates Memorial Drive. Continue to the bend in the road where Mary Gates Drive becomes N.E. 41st St. The center is on your right.

### ***From SR-520***

Take the Montlake Boulevard exit and drive north on Montlake Boulevard. Stay to the right as you cross the bridge and pass Husky Stadium. At the five-way intersection of N.E. 45th and Mary Gates Memorial Drive, turn right onto Mary Gates Memorial Drive. Continue to the bend in the road where Mary Gates Drive becomes N.E. 41st St. The center is on your right. NHS Hall and Isaacson Hall are in the first complex of buildings. Douglas Classroom adjacent to the greenhouse.

### ***Parking***

Ample parking is available for the public in the lots off 41st Street. The lower lot is reserved for staff.

## HOW TO CONTACT US!

You are many and we are very few. One of the best ways to contact us is by email. You can also leave us a message: **UW American Indian Studies**: (206) 543-9082. We will post information on our websites too. Below are our some main email addresses and live links to our websites!

**Registration:** Dian Million, leave message at above phone number or better email: [dianm@uw.edu](mailto:dianm@uw.edu). Please put “Symposium” in the subject line to get my attention.

**Presenters, Program and Symposium MC:** Dr. Charlotte Coté: [clotise@uw.edu](mailto:clotise@uw.edu)

**Volunteer Coordinator:** Clarita Lefthand-Begay: [clarita@uw.edu](mailto:clarita@uw.edu)

## LINKS

**EVENT ON FACEBOOK**

**AIS WEBSITE**